



OM SUP Registration & Waiver Form

Name: _____
Date: _____
Address: _____
City, Postal Code: _____
Email: _____
Phone: _____ Emergency Contact _____

How did you hear about us?

Do you have any injuries?

What is your yoga experience?

What is your paddleboarding experience?

AGREEMENT OF RELEASE AND WAIVER OF LIABILITY FORM I,

_____, hereby agree to the following:

1. That I am participating in Straight Up SUP and/or SUP yoga classes, offered by OM SUP, during which time I will receive information and instruction about yoga and paddling. I recognize that SUP yoga and paddleboarding requires physical exertion, which may be strenuous and may cause physical injury, and I am fully aware of the risks and hazards involved. 2. I understand that it is my responsibility to consult with a physician prior to and regarding my participation in SUP classes. I represent and warrant that I am physically fit and I have no medical condition which would prevent my full participation in the classes. 3. In consideration of being permitted to participate in SUP classes, I agree to assume full responsibility for any risks, injuries or damages, known or unknown, which I might incur as a result of participating in classes. 4. In further consideration of being permitted to participate in SUP Yoga and Straight Up SUP classes, I knowingly, voluntarily and expressly waive any claim I may have against OM SUP or its owners and teachers, for any injury or damages that I may sustain as a result of participating in the classes. 5. I, my heirs or legal representatives, forever release, waive, discharge and covenant negligence or other acts. I have read the above release and waiver of liability and fully understand its contents. I voluntarily agree to the terms and conditions stated above.

REGISTRANT'S SIGNATURE (or guardian if under 18):

_____, DATE: _____ Photography & Video

Waiver & Consent By participating in OM SUP I consent to having my photo and/or video taken. I also agree to allow such photos and/or video to be used by OM SUP for promotional purposes; including but not limited to social media, advertising and website images. _____